

## PHYSICAL AND MENTAL HEALTH CARE AND TREATMENT PATHWAYS FOR THOSE AFFECTED BY FEMALE GENITAL MUTILATION/CUTTING

GENERAL ADVICE AND GUIDANCE	General Practitioner	GP Practice Nurse	Midwife	Health Visitor	School Nurse
	<b>WOMEN</b>			<b>GIRLS AND YOUNG WOMEN UNDER 18 YEARS</b>	
<b>PHYSICAL TREATMENT &amp; HEALTH CARE</b>	<p><b>Milton Keynes University Hospital Foundation Trust (MKUHFT)</b> MKUHFT may refer onto specialist services  <b>Referral Route:</b> through GP to MKUHFT Consultant Obstetrician (FGM Lead) or Sexual Assault Referral centre (SARC) Tel: 0300 130 3036</p>			<p><b>Milton Keynes University Hospital Foundation Trust (MKUHFT)</b> MKUHFT may refer onto specialist services  <b>Referral Route:</b> through GP or direct referral to Sexual Assault Referral centre (SARC) Sherwood Drive; Bletchley MK3 6TP Tel: 0300 130 3036</p>	
<b>MENTAL HEALTH CARE</b>	<p><b>Increasing Access To Psychological Services (IAPT)</b>  <i>Milton Keynes IAPT is a free, confidential NHS service providing psychological treatment for depression and anxiety disorders.</i></p> <p><b>Referral Route:</b> self – referral or referral through GP                      Stantonbury Health Centre, Purbeck,                      Stantonbury, Milton Keynes, MK14 6BL                      Telephone: 01908 228830 (option 4)</p>			<p><b>Child and Adolescent Mental Health Service</b></p> <p>For children and young people aged 0-18 and their families who are experiencing mental health problems. Consent for the referral must be sought by the young person or a parent/carer.</p> <p><b>Referral Route:</b> Self-referral Young people; parents/carers or professionals CAMHS Telephone Advice Line number: 01908 254375 or make a referral via the GP.</p>	
	<p><b>Psycho Sexual Counselling</b>                      Free and confidential NHS service  <b>Referral Route:</b> Self –referral walk in Sexual Health Clinic, Milton Keynes Hospital                      Eaglestone Health Centre, Standing Way, Milton Keynes, MK6 5AZ                      Or referral through GP</p>			<p><b>Brook Counselling Services</b>                      Free and confidential advice for people aged between 12 – 25 years including counselling.</p> <p><b>Referral Route:</b> Self-referral – walk in Brook Milton Keynes 624 South Fifth Street, central Milton Keynes MK9 2FX                      Or call 01908 606561 ext 209</p>	
<b>FGM NATIONAL CLINICAL GROUP</b>	UK-based charity dedicated to working with women who have been affected by FGM and other related difficulties. <a href="http://www.fgmnationalgroup.org/">http://www.fgmnationalgroup.org/</a>				

